



LEVEL 1 - CYCLIST

1	Demonstrate how to clean a bicycle.	
2	Name the different parts of a bicycle and explain their use.	
3	Explain what safety equipment a rider and bicycle must have.	
4	Demonstrate what hand signals a rider must use during a bicycle ride.	
5	Explain the most important road rules that apply to cyclists.	
6	Demonstrate how to ride a bicycle and, under supervision, go for a ride of at least one kilometre demonstrating proper hand signals and the ability to ride safely.	

EXAMINER:

DATE COMPLETED:

CUBS TESTED			