



LEVEL 2 - FIRST AIDER

1	Discuss your limitations as a First Aider and why it is important you should get adult help quickly.	
2	Show you understand D-R-A-B-C	
3	Demonstrate how to place someone in the recovery position and to open and keep the airway clear.	
4	Show how to clean and dress a gravel rash or abrasion	
5	Show how to treat a bleeding wound on the body and on a limb.	
6	Explain heat related conditions and how you should treat a patient showing the signs and symptoms of these.	
7	Discuss the common causes of burns and scalds and show how to treat them.	
8	Show how to treat the following:	
a.	Snake and funnel web spider bites.	
b.	Other spider bites.	
c.	Insect bites.	
9	Discuss how to use land and mobile phones in an emergency and deliver a message to an adult over 100m away. The message is to include information on time, state, number of casualties and condition of casualties.	

EXAMINER:

DATE COMPLETED:

CUBS TESTED			
CUBS TESTED			
CUBS TESTED			
CUBS TESTED			
CUBS TESTED			